Hage Degdeg ah

Khayraadka Caafimaadka

Dhimirka oo u Adeegaya

Toronto

Sharafta
Soo kabashada & Fayo qabka
Tayada
Kala duwanaanta & Sinaanta
Aqbalaadda
Ammaanka & Gaar ahaanta
Iskaashiga

CMHA Toronto Branch
Information & Decision Support
Member of Inform Canada/AIRS and Inform Ontario
XADGUDUB
Abrego Centre 416-366-5377
Advocacy Centre for the Elderly 416-598-2656
Barbara Schlifer Clinic 416-323-9149 x 234
Boost - Child Abuse Prevention and Intervention 416-515-1100
Canadian Centre for Victims of Torture 416-363-1066
Children's Aid Society 416-924-4646
Women's College Hospital - WRAP 416-323-6400 x 4863
(Women Recovering from Abuse)
Victim Services 416-808-7066

QABATINKA
Access CAMH 416-535-8501 Option 2
(Centre for Addiction & Mental Health)
The Access Point www.theaccesspoint.ca 1-888-640-1934
DART - Drug and Alcohol Registry 1-800-565-8603
Ontario Problem Gambling Helpline 1-888-230-3505

MAARAYNTA CADHADA
Access CAMH 416-535-8501 Option 2
(Centre for Addiction & Mental Health)
Central Toronto Youth Services 416-924-2100
Family Service Association of Toronto 416-595-9618
John Howard Society 416-925-4386
Salvation Army, Correctional & Justice Services 416-304-1974
(By referral from probation officers only)
Tropicana Community Services 416-439-9009
Yorktown Family Services 416-394-2424

DAAWEYNTA BULSHO EE QEEXAN (ACT)
The Access Point www.theaccesspoint.ca 1-888-640-1934

TACSIDA
Adult Grief Support Program-East Toronto 416-926-0905
Adult Grief Support Program-West Toronto 416-515-0197
AIDS Committee of Toronto (ACT) 416-340-2437
Bereaved Families of Ontario-Toronto (Multi-Faith) 416-440-0290
Bereaved Jewish Families of Ontario 416-638-7800
Bereavement Support Group-Wellspring 416-480-4440
C.O.P.E.S (Community Of People Extending Support) 416-767-6793
Distress Centre Suicide Survivor Support Program 416-595-1716
Taylor Place Self-Help Recovery Group 416-447-7244
The Canadian Centre for Bereavement Education 416-926-0905

ADEEGYADA MAARAYNTA KIISKA
The Access Point www.theaccesspoint.ca 1-888-640-1934
XARUMAHA CAAFIMAAD EE BULSHADA

Etobicoke
Access Alliance Multicultural Community Health Centre 416-760-8677
and West End Non-Insured Walk-in Clinic
The Four Villages Community Health Centre 416-604-3362
LAMP Community Health Centre 416-252-6475
Rexdale Community Health Centre 416-744-0066
Rexdale’s John Garland Satellite 647-288-0281
Stonegate Community Health Centre 416-231-7070
Unison Health and Community Services - Keele-Rogers 416-653-5400

North York
Black Creek Community Health Centre 416-249-8000
Flemingdon Health Centre 416-429-4991
Unison Health and Community Svcs - Bathurst-Finch 647-436-0385
Unison Health and Community Svcs - Jane-Trethewey 416-645-7575
Unison Health and Community Svcs - Lawrence Hts 416-787-1661

Scarborough
Access Alliance Multicultural Community Health Centre 416-693-8677
Scarborough Centre for Healthy Communities 416-642-9445
Scarborough Centre for Healthy Communities Satellite 416-297-7490
TAIBU Community Health Centre 416-644-3536

Toronto / East York
Access Alliance Multicultural Community Health Centre 416-324-8677
Anishnawbe Health Toronto 416-360-0486
The Anne Johnston Health Station 416-486-8666
Centre Francophone de Toronto 416-922-2672
Davenport-Perth Neighbourhood Centre 416-656-8025
East End Community Health Centre 416-778-5858
The Four Villages Community Health Centre 416-604-3361
Parkdale Community Health Centre 416-537-2455
Parkdale Community Health Centre Satellite 416-537-8222
Queen West Community Health Centre 416-703-8482
Regent Park Community Health Centre 416-364-2261
Sherbourne Health Centre 416-324-4180
Shout Clinic Central Toronto Community Health Centre 416-703-8480
South Riverdale Community Health Centre 416-461-2493
Women’s Health in Women’s Hands 416-593-7655

HINDISAADHAHA LOO-ADEEGAHA
A-Way Express Courier Service 416-424-2266
Consumer/Survivor Information Resource Centre 416 595-2882
The Empowerment Council 416-535-8501
Fresh Start Cleaning and Maintenance 416-504-4262
Sound Times Support Services (West) 416-234-9245
Sound Times Support Services (East) 416-979-1700
Working for Change 416-504-1693
TALOBIXINTA

alobixinta (Ballan ahaant)
519 Church Street Community Centre 416-392-6878 x 4000
Clinic for Person Centered Psychotherapy 416-229-2399
Family Service Toronto 416-595-9618
Malvern Family Resource Centre (Youth & Family) 416-284-4184 x 212

Talobixinta (Immaanshaha Rugaha Caafimaad)
Family Service Toronto 416-595-9618
128A Sterling Road, Suite 202 Wed from 3:30 pm-7:30 pm
LAMP Community Health Centre 416-252-6471 x 235
185 Fifth Street, Etobicoke Mon 1-4 pm, Thurs 4-7 pm
Woodgreen Community Services 416-645-6000 x 1100
815 Danforth Avenue, Suite 100 Wed 4-8 pm

Talobixinta (immaanshaha rugaha rugaha caafimaada carruurta/dhalinyarta/qoysaska)
East Metro Youth Services 416-438-3697 x 1
1200 Markham Road 2nd Floor
Mon, Wed, Thurs 2 pm-8 pm, Tues 10 am-5 pm,
Friday 10 am-5 pm, Saturday 10 am – 2 pm
Oolagen 416-395-0660
65 Wellesley Ave. E., Suite 500
Mon, Thurs, Fri 9 am-1 pm, Tues 12 pm-8 pm, Wed 3 pm-6 pm
Yorktown Child and Family Centre 416-394-2424
21 Ascot Ave 1st Floor
Mon & Thurs 2 pm-6 pm, Tues & Fri 10 am-2 pm, Wed 4 pm-8 pm
The Etobicoke Children’s Centre 416-240-1111
2267 Islington Ave
Wednesdays 12 pm-8 pm
EdgeWest 416-652-4363
1900 Davenport Rd
Mon & Wed 4 pm-8 pm, Sat 10 am-2 pm

Counselling is also available at many Community Health Centres
– see the Community Health Centres of this pamphlet for more options

TAAGEERADA QALAASE/LAYMAMKA QOOMAMO

Anishnawbe 24/7 (Aboriginal clients)
  Mental Health Crisis Management Service 416-891-8606
  Assaulted Women’s Helpline 416-863-0511
  Distress Line 416-408-4357
  Gerstein Crisis Centre (Downtown) 416-929-5200
  Kids Help Phone 1-800-668-6868
  Scarborough Hospital (Scarborough, East York) 416-495-2891
  Senior Crisis Access Line 416-619-5001
  Toronto Rape Crisis Centre 416-597-8808
  Warm Line (8pm - 12am) 416-960-9276
  York Support Services (North York) 1-855-310-2673
  Youthdale’s Crisis Support Team 416-363-9990

KORIINKA NAAFADA

Adeegyada Koriinka Toronto www.dsto.com 1-855-372-3858
Griffin Centre 416-222-1153
Agincourt Community Services 416-321-6912
4155 Sheppard Ave E Suite 100

**PRIMARY CARE**: Thursdays, 12 noon-5 pm **PSYCHIATRY**: Mon 9 am-1 pm

Cummer Avenue Clinic 416-222-5417
53 Cummer Ave. Primary Care: Wed 9am-12noon

FCJ Refugee Clinic 416-469-9754
208 Oakwood Ave Primary Care for Newcomers: Sat, 9 am-1 pm

Salvation Army Gateway Drop-In 416-368-0324
107 Jarvis Street **PRIMARY CARE**: Wed, 12 noon-5 pm

Sistering 416-926-9762
962 Bloor Street

**PRIMARY CARE**: Tues 9:30am-4pm, Thurs 9:30am-5pm

**PSYCHIATRY**: Mon 1 pm-4 pm, Fri 1 pm-5 pm

St. Stephen’s Drop-In 416-964-8747
260 Augusta Avenue

**PRIMARY CARE**: Wed 8 am-2 pm

**PSYCHIATRY**: Tues 10:30 am-1:30 pm, Thurs 10:30 am-12:30 pm

The Access Point www.theaccesspoint.ca 1-888-640-1934

**KHALKHALKA CUNTADA**

Bellwood Health Services 1-866-475-3254

Access CAMH 416-535-8501 Option 2
(Centre for Addiction & Mental Health)

The Kyla Fox Therapy Centre 416-518-0440

The National Eating Disorder Information Centre (NEDIC) - Helpline 416-340-4156

Sheena’s Place 416-927-8900

Sick Kids-Eating Disorders Program 416-813-7195

**SHAOQ / XIRFAD**

Kartoon ku xidhidda & Adeegtada Taageeridda 416-255-7070

CMHA Toronto 416-789-7957 x 3441

Corbrook 416-245-5565

COSTI 416-789-7925

Goodwill Industries 416-362-4711

JVS Toronto 416-787-1151

Plus & Transitional Employment Program 416-693-2116

Volunteer Toronto 416-961-6888

**TAAGEERO QOYS**

Concerned Parents of Toronto 416-492-1468

Family Association for Mental Health Everywhere 416-207-5032

Family Navigation Project (for families with youth) 1-800-380-9367

Family Outreach and Response 416-539-9449


Family Support Program - Toronto Western 416-603-5747

Family Walk-In Counselling (Wed., 12-6 pm) 416-749-9996

Hong Fook Mental Health Association 416-493-4242

Mood Disorders Association of Ontario 416-486-8046

Schizophrenia Society of Ontario 416-449-6830
TAAGEERO MAALIYADEED
Canada Pension Plan (CPP) 1-800-277-9914
Canada Revenue Agency-General Inquiry 1-800-959-8281
Credit Counseling Service of Toronto 416-228-3328
GST Refund Cheque Information 1-800-959-1953
Office of the Public Guardian and Trustee 416-314-2800
Ontario Disability Support Program 416-325-5666
Ontario Works (OW) 416-397-0330
OW or ODSP Social Benefits Tribunal 416-326-0978
Workplace Safety and Insurance Board (WSIB) 416-344-1000

BANGIYADA CUNTADA
Daily Bread food Bank 416-203-0050
Foodshare Foodlink Hotline 416-392-6655
Street Health 416-921-8668
The Stop Community Food Centre 416-652-7867

DAWLADDA / NIDAAM CAAFIMAAD
Local Health Integration Networks (LHIN)
CENTRAL 905-948-1872 CENTRAL EAST 905-427-5497
CENTRAL WEST 905-455-1281 TORONTO CENTRAL 416-921-7453
Ombudsman Toronto 416-392-7062
Ombudsman Ontario Complaints Line 1-800-263-1830
Mental Health Commission of Canada 613-683-3755

DARYEEL CAAFIMAAD
Association of Ontario Health Centres 416-236-2539
Adelaide Centre for Women (OHIP not required) 416-392-9243
Aids and Sexual Health Info Line 416-392-2437
Birth Control & STD Clinic (OHIP not required) 416-789-4541
Hassle Free Clinic 416-922-0566
Health Care Connect 1-800-445-1822
Health Centre-Queen West (OHIP not required) 416-703-8482
Med Visit Doctors House Call Service 416-631-3000
Public Health Clinic 416-392-6683
(Low Cost Dental Services for Children & Seniors)
Service Ontario 416-314-5518
Street Health Community Clinic 416-921-8668
Telehealth Ontario 1-866-797-0000
Toronto Public Health 416-338-7600
University of Toronto 416-979-4927
(Low Cost Dental Services for Adults)
RUGHAGA CAAFIMAAD – waxay siinayaan adeegyo qoxootiga aan lahayn ama leh caymiska caafimaad federaalka ku meelgaarka (IFH) oo xaddidan

Access Alliance
761 Jane Street 2nd Floor  Mon & Thurs: 4-7:30 pm  416-760-2815
Christie Refugee Welcome Centre  416-588-9277 x 28
43 Christie Street
Community Volunteer Clinic for the Medically Uninsured  647-267-2176
4158 Sheppard Avenue East, Tues, Thurs 5-8 pm
Muslim Welfare Centre  416-754-8116
Refugee Counselling Clinic  416-469 9754
208 Oakwood Ave,  Fri: 10 am-3 pm
Women’s College Hospital Refugee Health Clinic  416-323-6031
77 Grenville Street, 4th Floor

GURI LAAWE/GURYO/DANAHADA DADWEYNAHA
416 Drop In Centre (Women)  416-928-3334
Assessment and Referral Centre  1-877-338-3398
Hostel Outreach Program - COTA (Men)  416-785-9230
Hostel Outreach Program - CRCT (Women)  416-482-4103
St. Stephen’s Corner Drop In  416-964-8747
Street Health (Downtown)  416-921-8668
Streets to Homes  416-322-0099
The Good Neighbours Club  416-366-5377
The Meeting Place Drop In  416-504-4275
Youth Hostel Outreach Program - CTYS  416-504-6100

CUSBITAALO
Cusbitaalada intooda badan waxay leeyihiin adeeyada caafimaadka maskada kaas oo lagu yabo inay ku jiraan Qiimaynaha Dhimirku, Khabiro nasiga ah, Khabiro maskaxda ah, Bulsho Adeegyaal iyo khabiro kale.

Barnaamijyada ay u bixinayaan sida caadig ah waa waxa ka mida:
• Barnaamijyada bukaan socodka, halkaas oo qofku u imanaya cusbitaalka adeegyada caafimaadka maskaxda;
• Daawayn maalineed, ama barnarnaamijyo qayb cubitaal dhigis ah, halkaas oo qofku uu u imanayo daaweeyn muddo dheer ama had iyo qoor,
• Barnaamiyadada bukaan jiifka, halkaas oo qofku is diiwaangliaynayo cusbitaaanka si loo siyo kormeerid iyo daryeel heer sare ah ilaa xaaladu ay aad u ficananayso sidaa darteed qofka wax loo daaweeyn karaa bukaan socod ahaan.

Baycrest  416-785-2500
CAMH (Centre for Addiction and Mental Health)  416-535-8501
Humber River Hospital  416-658-2067
Mount Sinai  416-596-4200
North York General  416-756-6000
Rouge Valley  416-281-7318
Scarborough Hospital  416-438-2911
SickKids  416-813-1500
St Joseph’s Health Centre  416-530-6717
St Michael’s  416-864-5120
Sunnybrook  416-480-6100

Continued
CUSBITAALO Sii socday
Toronto East General 416-461-8272
Toronto General Hospital 416-340-3111
Toronto Western Hospital 416-603-2581
Trillium Queensway Health Centre 416-259-6671
William Osler 416-494-2120
Women’s College 416-323-6400

XARUMAHA CAAWINTA GURIYAYNTA
Albion Services (South Etobicoke) 416-252-5990
Albion Services (North Etobicoke) 416-740-3704
COSTI (North York) 416-244-0480
East York Housing Help Centre 416-698-9306
Flemington Neighborhood Services 416-424-2900
Scarborough Help Centre 416-285-8070
West Toronto Community Legal Services 416-531-0841
Woodgreen (East York) 416-645-6000
Unison Health & Community Services 416-653-5400

GURIYAYNTA
Federation of Metro Tenants’ Associations 416-921-9494
Landlord and Tenant Board 416-645-8080
The Access Point www.theaccesspoint.ca 1-888-640-1934
Toronto Social Housing Connections 416-981-6111

MACLUUMAAD & GUDBIN
Access Toronto 311
CAMH - McLaughlin Information Centre 416-595-6111
Community Care Access Centre 416-506-9888
Findhelp Toronto 211
Hospice Palliative Care of Ontario 416-304-1477
MAAR-Metro Addiction Assessment Referral Services 416-599-1448
Mental Health Service Information (Connex) 1-866-531-2600
Obsessive Compulsive Disorder Helpline 416-920-5887
Ontario Society of Psychotherapists 416-923-4050

GARSOORKA NABADA
444 Yonge Street (Toronto) 416-325-8967
60 Queen St West (Old City Hall) 416-327-5179
1000 Finch Ave West (North York) 416-314-4213
1911 Eglinton Ave East (Scarborough) 416-325-0354
2201 Finch Ave West (Etobicoke) 416-314-3973

SHARCI/DOODITAAN
ACE (Advocacy Centre for the Elderly) 416-598-2656
ARCH Disability Law Centre 416-482-8255
Canadian Civil Liberties Association 416-363-0321
Community Legal Education Ontario (CLEO) 416-408-4420
Equality Rights in Accommodation 416-944-0087
Legal Aid 416-979-1446
Ontario Human Rights Commission 416-326-9511
Psychiatric Patient Advocates Office 416-327-7000
Schizophrenia Society of Ontario 416-449-6830
ADEEGYADA LGBTQ+
Rainbow Health Ontario - Sherbourne Health Centre 416-324-4100
Supporting Our Youth (SOY) - Sherbourne Health Centre 416-324-5078
Pride & Prejudice - Central Toronto Youth Services: 416-924-2100
The 519 416-392-6874
David Kelley Services - Family Service Toronto 416-595-9618
LGBT Youthline 1-800-268-9688

MENTAL HEALTH & JUSTICE NETWORK

CAAFIMAADKA MASKAXDA & SHABAKADDA CADAALADDAA
North Toronto - COTA Health 416-785-9230
East Toronto - CMHA Toronto 416-458-9466
South Toronto - Sound Times Support Services 416-979-1700
West Toronto - Reconnect Mental Health Services 416-248-2050
City-Wide (ages 16 - 24) - CTYS New Outlook 416-924-2100
Fred Victor Centre 416-364-8228

KOOXDA BOOLISKA EE FAROGALINTA RABSHADAHA MOOBAYLKA
NW Toronto – Humber River Hosp. & Div 12, 13, 31 416-808-2222 or 911
SW Toronto – St. Josephs & Div 11, 14 416-808-2222 or 911
East Toronto – Tor. East Gen & Div 54, 55 416-808-2222 or 911
Scarborough – Scar. Hosp. & Div 41, 42, 43 416-808-2222 or 911
Downtown – St. Michaels & Div 51, 52 416-808-2222 or 911

MAXKAMADA IYO HAYNTA-IYADOO LAGU SALEEYAY ADEEGYADA CAAFIMAADKA MASKAXDA
College Park Court – Fred Victor 416-598-8103
East Toronto - Scarborough Court - CMHA 416-285-4177
North Toronto - North York Court - COTA Health 416-667-0933
South Toronto - Old City Hall Court – Fred Victor 416-364-8394
West Toronto - Finch Court - Etobicoke - CMHA 416-745-5775

ADEEGYADA DEGENAANTA
The Access Point  www.theaccesspoint.ca 1-888-640-1934
Safe Bed Registry (CMHA, COTA, Reconnect, Gerstein) 416-248-4174

URURO XIRFAD LEH
Canadian Counselling and Psychotherapy Association 1-877-765-5565
Canadian Psychiatric Association 613-234-2815
College of Physicians & Surgeons of Ontario 416-967-2600
College of Psychologists of Ontario 416-961-8817
Ontario Association of Consultants, Counsellors,
Psychometrists and Psychotherapists 416-298-7333
Ontario College of Social Workers
and Social Service Workers 416-972-9882
Ontario Gerontology Association 416-535-6034
Ontario Psychological Association www.psych.on.ca
Ontario Society of Psychotherapists 416-923-4050
SARE
CCAC - Community Care Access Centre  416-310-2222
Chinese Seniors Health Centre - Mt. Sinai  416-321-5785
Community Seniors Mental Health Services  www.csmhas.com
Geriatric Mental Health Services - COTA  416-785-9230
Geriatric Psychiatry Service - Toronto Rehab  416-597-3422 x 3041
Neighborhood Link Support Services  416-691-7407
Psychiatric Services for the Elderly - Sunnybrook  416-480-4663

ADEEGYADA DEGIDDA
Access Alliance  416-760-8677
Afghan Women’s Organization  416-588-3585
Bloor Information & Life Skills Centre  416-531-4613
Catholic Crosscultural Services  416-757-7010
Culture Link Settlement  416-588-6288
Polycultural Immigrant & Community Services  416-533-9471
Scadding Court Community Centre  416-392-0335
South Asian Women’s Centre  416-537-2276
Toronto Chinese Community Association  416-977-4026
Working Skills Centre  416-703-7770

!HAWLHA BULSHO/KOOXAHA
Among Friends (Lakeshore & Islington)  416-251-8666
Friendship Club (Queen & Logan)  416-645-6000
Getting in Touch (Jane & Driftwood)  416-663-2733
Our Place (Yonge & Dundas)  416-598-2919
PLUS (Lawrence & Don Valley)  416-693-2116
Progress Place (Church & Wellesley)  416-323-0223
Sistering (Dufferin & Queen)  416-588-3939
Sound Times East (Dundas & Parliament)  416-979-1700
Sound Times West (Bloor & Dundas)  416-234-9245
What Next! (North York)  416-789-7957

KOOXAHA TAAGEERO/TAAGEERO SHAQSIAHAANEEED
Emotions Anonymous  www.emotionsanonymous.org
Mood Disorders Association  416-486-8046
Self - Help Resource Centre Info Line  416-487-4355
The Scarborough Hospital Mental Health App Library  www.tsh.to
(listed on their Adult Mental Health Outpatient Program Page)
ADEEGYADA GAADIIDKA

Toronto Transit Commission (TTC) 416-393-4636
Wheel Trans 416-393-4111

East York
Call A Service Inc./ Harmony Hall Centre for Seniors 416-752-8868
Neighbourhood Link Support Services 416-691-7407
Storefront Humber 416-259-4207
Woodgreen Community Services 416-572-3575

North York
Circle of Care 416-635-2860
Better Living Health & Community Services 416-447-7244
Downsview Services to Seniors 416-221-8283
NeighbourLink North York 416-225-1231
North York Seniors Centre 416-225-1231

Scarborough
Agincourt Community Services Association 416-321-6912
Warden Woods 416-694-1138
Carefirst Seniors and Community Services Association 416-502-2323
St. Paul’s L’Amoreaux Seniors’ Centre 416-493-3333
Scarborough Centre For Healthy Communities 416-847-4125
Trans Care Community Support Service 416-750-9885

Toronto
Canadian Red Cross Society 416-236-3180
Dignity Transportation Inc 416-398-2222
Good Neighbours Club 416-366-5377
Mid-Toronto Community Services 416-962-9449 x 31
St. Christopher House 416-532-4828
Silver Circle: West Toronto Support Services 416-653-3535

DHALINYARTA
Central Toronto Youth Services 416-924-2100
Children’s Mental Health of Ontario 416-921-2109
Delisle Youth Services 416-482-0081
East Metro Youth Services 416-438-3697
George Hull Centre 416-622-8833
Hincks - Dellcrest 416-924-1164
Kids Help Phone 1-800-668-6868
Shoniker Clinic (RVHS) 416-281-7301
Yorktown Family Services 416-394-2424
## CMHA Ontario Division:

<table>
<thead>
<tr>
<th>Branch</th>
<th>Phone №</th>
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<tbody>
<tr>
<td>Brant County Branch</td>
<td>519-752-2998</td>
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<tr>
<td>Champlain East Branch</td>
<td>613-933-5845</td>
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<tr>
<td>Cochrane Timiskaming Branch</td>
<td>705-267-8100</td>
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<td>Durham</td>
<td>905-436-8760</td>
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<td>Elgin Branch</td>
<td>519-633-1781</td>
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<td>Fort Frances Branch</td>
<td>807-274-2347</td>
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<td>Grey-Bruce Branch</td>
<td>519-371-3642</td>
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<tr>
<td>Haldimand and Norfolk Branch</td>
<td>1-888-750-7778</td>
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<tr>
<td>Haliburton, Kawartha, Pine Ridge Branch</td>
<td>705-748-6687</td>
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<tr>
<td>Halton Region Branch</td>
<td>1-877-693-4270</td>
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<td>Hamilton Branch</td>
<td>905-521-0090</td>
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<td>Hastings &amp; Prince Edward Counties Branch</td>
<td>613-969-8874</td>
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<td>Huron Perth Branch</td>
<td>1-888-875-2944</td>
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<td>Kenora Branch</td>
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<td>Lambton Kent Branch</td>
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<td>Leeds and Grenville Branch</td>
<td>1-866-499-8445</td>
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<td>Middlesex Branch</td>
<td>1-855-668-0624</td>
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<td>Muskoka-Parry Sound Branch</td>
<td>705-645-2262</td>
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<td>Niagara Branch</td>
<td>905-641-5222</td>
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<td>Nipissing Regional Branch</td>
<td>1-888-474-1299</td>
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<td>Ottawa Branch</td>
<td>613-737-7791</td>
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<tr>
<td>Oxford County Branch</td>
<td>1-800-859-7248</td>
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<td>Peel Branch</td>
<td>905-451-2123</td>
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<td>Sault Ste. Marie Branch</td>
<td>705-759-0458</td>
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<tr>
<td>Simcoe County Branch</td>
<td>1-800-461-4319</td>
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<td>Sudbury-Manitoulin Branch</td>
<td>1-866-285-2642</td>
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<td>Thunder Bay Branch</td>
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<td>Toronto Branch</td>
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<td>Waterloo Wellington Dufferin Branch</td>
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<td>Windsor-Essex County Branch</td>
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<tr>
<td>York &amp; South Simcoe Branch</td>
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