

Safe Bed Short-Term Residential Services

Safe Bed offers short-term housing to individuals with a mental illness who are experiencing a crisis and are unable to remain in their current living situation. Assistance is provided for both their immediate and long-term needs.

The Safe Bed Short-Term Residential Bed Program

(Generic and Mental Health & Justice) provides temporary residential support for individuals living with serious mental illness who are experiencing a crisis. The goal of the program is to assist these individuals in addressing their immediate physical and mental health needs and to develop long-term interventions. Safe Bed provides 24/7 on-site support for up to 30 days in our building near Keele Street and Wilson Avenue.

Services provided by Safe Bed include:

- Crisis support and counselling
- Provision of basic living needs (e.g. food, clothing, personal care items)
- Development of daily living skills (e.g. cooking, housekeeping, hygiene)
- Advocacy, referrals and linkages to community based services and supports

Who are Safe Bed Generic Services for?

- Individuals who are 16 years of age and older
- Individuals with serious mental illness
- Individuals who can be safely supported in the community and who are not at risk of harming themselves or others

How do you apply for Safe Bed Generic Services?

- In order to facilitate timely access to the Safe Bed Program, a new procedure for referrals will be in effect starting June 1, 2015. Individuals who require a safe bed will have access to 'same day' referrals and will no longer be required to call every 48 hours to confirm the need for a bed once referred. Referring parties who are applying on behalf of the client will be required to arrange for timely communication with their clients.

Who are Safe Bed Mental Health & Justice Services for?

- Individuals who are 16 years of age and older
- Individuals with serious mental illness
- Individuals who are homeless or at risk of homelessness
- Individuals who are currently involved with the criminal justice system

- Individuals who can be safely supported in the community and who are not at risk of harming themselves or others

How do you apply for Safe Bed Mental Health & Justice Services?

- Access to the Safe Bed Mental Health & Justice Services is limited to Priority Referral Sources, which include the police, correctional facilities, probation and parole officers, and Law & Mental Health programs. These Priority Referral Sources must call the Registry at **416-248-4174** to inquire as to the availability of a bed.
- In order to facilitate timely access to the MHJ Safe bed Program, a new procedure for referrals will be in effect starting June 1, 2015. Individuals who require a safe bed will have access to 'same day' referrals and will no longer be required to call every 48 hours to confirm the need for a bed once referred. Referring parties who are applying on behalf of the client will be required to arrange for timely communication with their clients.

The new procedure for accessing a safe bed is as follows:

1. Individuals wishing to make a referral to the Mental Health and Justice Safe Bed Network must call the Registry at **416-248-4174** to inquire as to the availability of a bed. If there are no beds available the referrer will be directed to check back at a later time.
2. If a bed is available, Registry staff will complete an application form over the telephone with the referrer.
3. Registry staff will fax the completed application form to the location with the available bed. Within one hour of the form being sent, the referrer needs to call the Safe Bed location site staff where the client's referral was sent to in order to arrange an intake appointment with the client. The intake assessment will occur within four hours.
4. Clients who are currently in the queue should continue to call every 48 hours to confirm the need for a bed until June 1, 2015. After June 1, all files in the queue will be released and these individuals will have access to the new referral process.

*The Safe Bed Mental Health & Justice services are part of a larger city-wide initiative where similar services are provided by COTA Health, the Gerstein Centre and Reconnect Mental Health Services in other areas of the city. Priority referral sources may apply for Safe Bed Mental Health and Justice services at any of the above-noted organizations by contacting the Safe Bed Unit Registry **416-248-4174**.*